

MEAC CHEERLEADING CHAMPIONSHIP



ALL-STAR:

Institution:

ALL STAR SCORESHEET

	Max. Points	Points	COMMENTS
JUMPS Variety, Height, Flexibility, Incorporation, Execution	10		
TUMBLING Standing/Running Variety, Incorporation, Execution, Technique, Body Positions, Landings	10		
MOTIONS Execution, Sharpness, Placement	10		
DANCE Rhythm, Timing, Uniqueness, Originality, Floor Work	10		
USE OF FLOOR Flow, Movement on Floor, Percentage of Floor Used	5		
SHOWMANSHIP Crowd Appeal, Energy, Animation, Spirit	10		
PERFECTION OF ROUTINE Mistakes, Tumbling/Stunting Falls, Breaks in Execution	15		
DEGREE OF DIFFICULTY Tumbling, Jumps, Stunting, Dance, Motions, Combinations, Series	15		
OVERALL APPEAL Confidence, Use of Music, Visual Effect, Appearance	15		
TOTAL	100		

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All Star Cheerleaders Information

- Routine Time Limit= 1:30
- Any stunting will be incorporated into the degree of difficulty category
- All stars are not required to stop the music to do a cheer. A cheer can be included during a music section. The words to the cheer cannot be recorded on the music though.
- To max out points on each category, all skills must be performed with a high level of perfection and technique.
- If a specific skill is not performed at all a zero will be given in that category.

If you have any questions please contact:

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